

ESOPHAGEAL MANOMETRY

Manometry is a test in which the pressure waves in the esophagus (food pipe) are measured.

A flexible catheter, which has pressure sensors on it, is passed through your nostril into the food pipe. The pressures in your food pipe are recorded in a resting state and when you swallow sips of water.

Preparation

Your stomach must be empty, so do not eat or drink anything 3-4 hours before the test. If you must, you could have a few sips of water or juice. You must take any prescription medication as you normally would, using small sips of water.

What will happen

A local anesthetic (Numbing medicine) will be sprayed onto your throat and nostril, to make it numb. If you prefer not to have the local anesthetic please let us know. If you are allergic to any medication please let us know. While in a comfortable position sitting down, the doctor will pass the catheter through your nostril and down your throat into your food pipe. **The catheter will not interfere with your breathing, nor cause any pain.** The examination takes 20-30 minutes.

Risks:

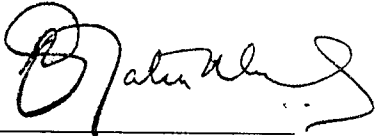
There are virtually no risks. In extremely rare cases there is a risk of injuring the lining of the food pipe or minor bleeding.

Questions or problems?

Contact my office at 566-5800 or 243-7200 from 8:30 a.m. to 5:30 p.m. Monday through Friday.

If there is a chance you may be pregnant it is your responsibility to notify us immediately!

Patient's Signature/ Date



Roy M. Joseph, M.D.