

## **AMBULATORY 24 HOUR pH MONITORING**

A catheter that senses acid is passed through your nostril and is placed in your esophagus (food pipe) for a 24 hr period to measure how much acid the esophagus (food pipe) is being exposed to over that period of time. You are supposed to go about your usual life style when you have the catheter in place.

### **Procedure:**

A local anesthetic will be sprayed onto your throat, to make it numb. While in a comfortable position sitting down, the doctor will pass the catheter through your mouth, and down your throat in to the food pipe. The catheter will be in the esophagus for 24 hours recording the acid exposure. Once the catheter is placed we would like for you to simulate your normal day and better still perform any activity that you feel might precipitate your symptoms. Please carefully read the instructions sheet you will be given and mark out the events to the best of your capability as this is important to interpret the findings.

### **Risks:**

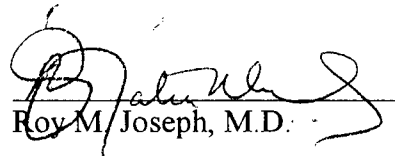
There are virtually no risks except the discomfort associated with placement of the catheter. There is a very small chance that the catheter can injure the lining of the bowel or cause minor bleeding.

### **Questions or problems?**

Contact my office at 566-5800 or 243-7200 from 8:30 a.m. to 5:30 p.m. Monday to Friday.

**If there is a chance you may be pregnant it is your responsibility to notify us immediately!**

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Patient's Signature/ Date

  
Roy M. Joseph, M.D.